

The Gnarly Girls

[00:00:00] **Bob Gatty:** Hey guys. Welcome to the Lean to the Left Podcast, where we focus on the important stuff that's taken place in our world, often through the eyes of great guests, and sometimes just me giving you a piece in my mind. Today, our guests are two young women. Tony Nagy and Sarah Buckner, better known as Sarafina Supernova.

[00:00:23] They're the gnarly girls and there are a lot of things, standup comics, podcasters, dancers, artists, and I think you're gonna love 'em. Together they do the Gnarly Girls Podcast and are currently touring in a tragic comedy show called Grape Culture, which sold out at the Soho Playhouse this spring.

[00:00:45] And is scheduled for the Cannonball Fringe Festival in Philadelphia in September.

[00:00:51] Now, Tony's a dancer, comedian, and content creator known for her viral videos where she interpretive [00:01:00] dances her philosophies while pontificating, gyrating and questioning culture. She combines somatic movement with comedy while actually providing information.

[00:01:13] Her podcast is called Come Inside of Me, and she did an episode a few weeks ago called Fighting for Peace is like boinking for virginity. We need to know more about that one. Now, Tony graduated from Sarah Lawrence College where she majored in Philosophy of Dance.

[00:01:34] Sarah, AKA, Seraphina Supernova is a performance and visual artist exploring themes of the body, spirituality, witchcraft, feminism, and self-realization.

[00:01:48] As you can see this is something totally different from what I usually do, right? You're doing great. Oh, man. I'm telling you what. She's a classically trained ballerina [00:02:00] turned psychic show pony, burlesque babe, and tragic comedy princess. Sarah graduated summa cum laude with a Bachelor's of Fine Arts and Photography from Savannah College of Art and Design. Then she earned a Master of Fine Arts from Duke University in Experimental and documentary Arts with a concentration in feminist theory. There's a lot more to their bios.

[00:02:28] These young women are incredible. But that's enough for now. So guys, welcome to the Lean to the Left Podcast.

[00:02:36] **Toni Nagy:** Happy to be here. I also think you should follow us around for the rest of our lives just to read our bios in that exact tone of voice.

[00:02:46] **Sarah Buckner:** I think it would really work for us.

[00:02:48] **Bob Gatty:** Do you think so? I how much do you pay?

[00:02:51] I'll be happy to do that. I'm retired. All right, so let's see here. I wanna know why it was that you guys thought [00:03:00] my show would be a good fit for you guys. Do you know,

[00:03:06] **Toni Nagy:** I'm gonna talk about the importance of intergenerational conversations because I think one of the main problems that is happening right now in the ecosphere is that there isn't enough cross-cultural reference like people are in their little communities, they're in their bubbles, and we just keep reinforcing our own ideologies and dogmas and politics over and over again. And even though I think we probably have a lot of similar cross sections that we can agree upon, I'm curious as to where we are deviating and how we can find common ground. Like how radical are you and how crazy do you think we are within the context of our political views?

[00:03:51] **Bob Gatty:** I will tell you that after we get done talking. 'cause I really don't know about your political views except what I [00:04:00] suspect. Now, as far as I'm concerned, I am not really radical. I'm, my show is called Lean to the Left. Yeah that's what I do. I'm not a crazy radical, but on the other hand, I hate.

[00:04:14] I don't want to use that word. I dislike very much what's going on in this country with Donald Trump and his cronies. So I hope that we can agree on that. And if we don't, then we'll talk about that too. So what about you, Sarah? What do you what's your thought about that?

[00:04:34] **Sarah Buckner:** I would say we too lean to the left, and I think that is in its own way, radical because in our culture, I think it's much more standard to either be a leftist or be a conservative. So if you lean into one political party, but you don't quite fit anywhere, I think a lot of dynamic conversation can happen from that place. And Tony said, [00:05:00] instead of situating ourself inside of identity politics, we can have real conversations instead of

[00:05:06] resharing memeable content on Instagram, which to me doesn't feel like it's creating movement.

[00:05:13] **Bob Gatty:** Yeah I understand that, and I agree with you a hundred percent. Now, what do you guys think about the way things are going these days with Trump in the White House? Just generally?

[00:05:25] **Toni Nagy:** My personal opinion is that we've been living in a police state for decades.

[00:05:31] However, what Trump is doing from an optics perspective is putting a magnifying glass to an ethos that has already been the undercurrent, but has gotten loud to the point where even my father, who I would consider a pretty like standard Democrat. Would say the word police state, which I don't think is a phrase he would've used, 10 years ago or even, in the first Trump presidency.

[00:05:57] So what I think is [00:06:00] happening is that a lot of people that were considered more on the radical side of looking at how deeply rooted the Democrats and the Republicans. Sometimes have a very similar agenda. I'm not seeing a lot of genuine dissent within the Democratic party, which is incredibly concerning.

[00:06:22] So obviously Trump and his gulags are doing very extreme work. However, where is the opposition? Where is the genuine opposition from the Democrats? I think it's interesting that people are having to look at how the Democratic party is not only benefiting and profiteering, but also completely complacent to Trump's agenda.

[00:06:44] **Bob Gatty:** I don't know if they're complacent, but I do know that their messaging is awful and there's confusion as to I, to me, there's confusion as to who should be the leader, who should be leading the charge. I just think [00:07:00] it's it's weak what they're doing. There are individuals that I think are really good, but I'm, my feeling is that they're just they're weak and they're letting this opportunity pass them by and it's gonna be too damn bad if we get to the, 26 elections and they haven't turned the tide. Now is the time they have got to do something. That's what I think.

[00:07:23] **Sarah Buckner:** I think the democratic party and Democrats in general also have lost the plot around sovereignty and autonomy, which I think a lot of people are starting to sniff out and not yeah, like you can't hide behind social issues and make them your platform when real political action and change hasn't been created when Democrats have been in power.

[00:07:46] So I think there is so much disillusion and I think there is like a rage response that's happening when it comes to people who lean to the left or are

really leftists outside of the Democratic party [00:08:00] and just like straight up anarchists who are like this system as it's been, not only doesn't serve anyone, it never served anyone, and it's based on colonial principles.

[00:08:11] So how can we continue to try to find balance within a system and a structure that was fundamentally flawed in the first place and created based on rape culture and genocide of this land. And I think something that Tony and I touch on a lot in our work is the way that we don't feel like this land belongs to us.

[00:08:33] We are certainly not patriots. We do not feel proud to be Americans, and that's not us just being like two young girls who think it's cool and radical to hate the USA. It's no, the United States of America is actually called Turtle Island and it did belong to indigenous people. And if it wasn't for rape culture and genocide, or rape culture, we really to commit to the bit because the word rape itself is censored. If it wasn't for [00:09:00] rape culture, rape culture and genocide, we would have no United States of America. And the state fundamentally is created through class, which was historically created through raping women so they would bear children so those children could become slaves.

[00:09:16] And ultimately I think if people think they own the land, they also think that they own people and they own bodies because our bodies can't be separated from the land. So I think people are maybe starting to ask these questions and think about these things 'cause no longer do I think you can be a leftist and a radical and like really love the USA.

[00:09:38] **Bob Gatty:** That is really quite a statement that you just made. I'd like to know what you think about some of the leadership in the Democratic party. For example, do you feel like the folks that have been in charge for a long time, like Schumer, for example, need to step aside. What do you think about AOC, people like that?[00:10:00]

[00:10:00] What are your thoughts?

[00:10:02] **Toni Nagy:** For me, the issue with anyone like Chuck Schumer that's been within the status quo for decades Yeah is that currently, the way our political system works, like with lobbying with Super pacs, with this very intimate connection between corporate interests and political influence, all of these people have major corporate ties and major corporate connections that's going to influence how they operate from a political standpoint. I don't see any politician have the genuine freedom to be making political waves that is actually

for the people and isn't entwined with what their corporate ties are and how they've already taken money from corporations in order to support their fundraising campaigns or already taken money from billionaires in order to support their fundraising efforts.

[00:10:57] From my understanding, Most of the [00:11:00] effort that like Congress people are doing is fundraising. Senators are fundraising. They're constantly fundraising and worrying about the next election. I don't get the feeling that anyone is in a position to genuinely work for the American people when they're in that context of always fundraising and always having to worry about their reelection. So no one is trying to do anything that's really shaking up the status quo. And when you have someone like AOC who I do think came into the political spectrum, like hot, she came in hot, she wanted to do a lot of things. She's going to be suppressed.

[00:11:38] And even with Mamdani, who's obviously, coming in with a new energy and exciting energy and talking to the people in a way that's very exciting. The longer you're within the system, the more you're going to have to conform to it.

[00:11:53] **Bob Gatty:** Okay. Talk to me a little bit about what what they're doing with respect to DEI [00:12:00] diversity, equity and inclusion programs both in government and the private sector.

[00:12:06] **Sarah Buckner:** It's so upsetting. Yeah. Yeah. I'll take this one. So I was raised in the Christian South. My history teacher all four years of high school was a Civil War reenactor, and you got extra credit if you joined Young Republicans Club.

[00:12:21] **Bob Gatty:** Wow.

[00:12:21] **Sarah Buckner:** So I

[00:12:23] **Bob Gatty:** Where in the south where?

[00:12:24] **Sarah Buckner:** Charlotte, North Carolina.

[00:12:26] **Bob Gatty:** Oh I live in Myrtle Beach, South Carolina.

[00:12:29] **Sarah Buckner:** Oh. We used to spring break at Myrtle Beach. Cherry Grove. I have the cherries on today. Yeah I obviously also had other teachers who saved my ass and gave me real, her story, if you will. But I was

taking tests from a man who was making us read theodore Rex over the summer and acting like that was gonna really support us as adults making politically informed decisions.

[00:12:51] So I really had to choose to find information that was counter to what I was being offered. And I found that a lot of my schooling [00:13:00] was based in racist ideology. And so I think this reaction to diversity, equity, and inclusion coming into schools is in direct correlation to how racist and white supremacist most of the history, most of the information also even science literature, English class biology, like even the way math is being taught, like there isn't an inclusivity around people with different learning styles or backgrounds. Like I wasn't diagnosed with ADHD until I was in my twenties, so I was constantly also falling behind. And I think that in a system that celebrates whiteness, that celebrates conformity, that celebrates capitalism, which exchanges time for money. People who want to question that and break that open, or programs that are trying to question that and break that open fundamentally become a threat and because it's been so opposite, like I feel like all schooling has for so long, [00:14:00] not only leaned to the right, but been actively conservative and censored down to I pledge allegiance to the flag and like the infiltration of God the father into schooling.

[00:14:11] Like what about the separation of church and state since that has been such, the status quo? I think this rejection of equity, diversity, and inclusion is in response to that. And if we weren't in such a place of inequity, then learning about equity wouldn't be triggering all of these Southern parents who suck father God's dick. Just to put it frankly.

[00:14:33] **Bob Gatty:** Oh my God. And the whole bit about requiring the 10 Commandments to be posted in elementary schools. What do you think about that?

[00:14:42] **Toni Nagy:** I think a lot of what's happening right now is trying to reinforce manipulation of a population.

[00:14:49] So when you galvanize people under racism and when you galvanize them with misogyny, when you galvanize them with homophobia and [00:15:00] religion, it's this uniting force that keeps them controlled, and it keeps them basically looking at it at other citizens as the enemy and other citizens as the problem.

[00:15:12] And I'm gonna blame these people, like this is why ICE has been something that like a fair amount of Americans are supporting. It's because

they're like inherent racism is being exploited and their this racism and misogyny and homophobia. This is all taught very effectively through religion and there's a huge movement around the quote unquote tradwife, it's happening online.

[00:15:39] And the discrepancy between conservative young men and liberal young women, it's only growing like this massive gap between conservative ideology of the youth is growing especially based on gender, which is actually really unique. Like usually the gender's kind of go together in terms of, yeah,

[00:15:59] **Bob Gatty:** I hadn't [00:16:00] thought about that, about the difference between the genders when it comes to that.

[00:16:05] **Toni Nagy:** Yeah, young women are much more liberal right now, and young men are becoming radicalized as conservatives. And so how is that's actually going to be incredibly problematic for that generation in terms of how they're going to coexist. And couple up, from a romantic perspective because there is this like massive discrepancy.

[00:16:24] But I think what DEI and ICE and all of this, it's just another form of social control by using something that like people don't have to be politically informed to be racist. You don't have to be politically informed to have an opinion about abortion rights. You can actually just have no political education and still make decisions based on race and abortion.

[00:16:47] And that will be your stance. And so I think it's a way of making sure the populace doesn't actually inform themselves about what are sanctions in Iran? What does an embargo mean? What are [00:17:00] these words that I keep hearing, but I don't fully understand?

[00:17:02] **Sarah Buckner:** I've also never met one Christian as a girl who came from Christianity and like mega churches.

[00:17:08] Churches in the south that isn't dumb, like Christians are dumb. And I'll say that publicly on this podcast because if you're a Christian Conserv and I'm, and if you are Christian and you're like gay and liberal, okay, like we can talk about the Gospels of Mary Magdalene and how they were taken out at the Council of Nice.

[00:17:27] And maybe there's like a Christianity we haven't tried yet and maybe Jesus wasn't a white man and he was a man of color who was like a real anarchist and trying to fuck it up. Like I can hear that. But in terms of like the

white Christian conservatives who like really think they know and are talking about how everything is like censorship and how things can't get out, they fundamentally are missing the fact that what they're being fed every Sunday in church is propaganda and it is a text that has been manipulated to serve the state. And so they think with their leader, Donald Trump and [00:18:00] Christianity, that they are the anarchist, but the text that they're fundamentally using to defend their archaic views was itself created to be a tool of propaganda. So they're missing the point because, and I know this, and I say this from my lived experience, they weren't given the context.

[00:18:20] And I was also dumb until I decided I'm not gonna be a dumb bitch anymore. I'm actually gonna go out and get information and figure out for myself what it is that I think and believe not only about history, but also about God and spirituality. And I do think that the mega churches prey upon people with a lack of access to information because if they don't have the information or they're actively choosing to not go out and get it, then those people are easily manipulated to be pawns for the state.

[00:18:53] **Bob Gatty:** I agree with you. Now, I wanted to, I want to go to some stuff that's in the news right [00:19:00] now, like the Jeffrey Epstein case. With the debate over whether there's really a list of his child sex clients and whether he committed suicide in prison or was murdered to keep him quiet, seems to be a missing minute in a video outside his cell.

[00:19:20] What do you think about all that?

[00:19:22] **Toni Nagy:** I'm gonna jump in on this one. So I don't even think he was murdered. I actually think he's alive with a new face somewhere else because, oh, you

[00:19:29] **Bob Gatty:** think he's alive? Absolutely. With a new face and he is not in jail.

[00:19:33] **Toni Nagy:** No, there's no way.

[00:19:34] **Bob Gatty:** Okay. I

[00:19:35] **Toni Nagy:** think he's alive and I'm gonna, the reason why Jeffrey Epstein and this sex trafficking and Puff Daddy and these two major cases being like basically swept under the rug within the same week.

[00:19:47] This is a very important subject around not only grape culture that we live in and how ubiquitous graping is within the culture, but also why are all of these [00:20:00] politicians and celebrities doing this behavior? I think that's something that's a hard thing for a lot of people to understand, like what is actually going on.

[00:20:08] So I'll just say from personal experience, I was in New York City in the early two thousands and I knew a lot of girls that were like very pretty models and they would talk about a plane that, do you remember the guy that did like the girls Gone Wild, where like the girls would lift up their shirts and stuff?

[00:20:28] **Bob Gatty:** Yes. Yeah. Yeah.

[00:20:29] **Toni Nagy:** So him, Jeffrey Epstein, like these were like major figures that were trafficking women and young girls and feeding them to politicians. And the, these models would talk about the rape plane. Then they were like, oh, we don't wanna get on the rape plane. Like it was a genuine conversation that like young girls were having amongst themselves in New York City in the early two thousands.

[00:20:51] So from that personal context, I have very much been aware of this happening. I also, there was a [00:21:00] woman named Kathy O'Brien who wrote a book about her being a sex slave during a couple of different administrations, and she talks about Dick Cheney. She talks about Bush Senior. She talks about very high level politicians doing this behavior.

[00:21:14] And the question was always like, what is going on? Like, why are they doing this? And one is, one reason would be when you completely live above the law, which is what these people do, it's not like when Elon Musk gets on the plane. He's not oh, let me make sure I have my passport. Exactly. If Musk gets on a private jet, yeah. He lives above the law. All of these billionaires, they're not. They're not. They are. They are able to truly live in a different ecosphere than everyone else because laws do not apply to them. At all.

[00:21:45] **Bob Gatty:** Yeah. And

[00:21:45] **Toni Nagy:** so when you live like this psychologically it starts to corrupt you.

[00:21:50] Like your relationship to power becomes so corrupting. And I think like for the average person who's experienced pornography, like they can experience a [00:22:00] desensitization within the relationship to pornography. Like at one point, I'm sure when you were a kid, seeing boobs was a pretty big deal. Wasn't that easy.

[00:22:08] Even when I was a kid, seeing boobs was not easy. You had to like either be in Europe or find someone's Playboy. Like it was not easy to see boobs. Now boobs are, like you could see 40,000 boobs in within a minute if you wanted to, right? So when I think what happens is psychologically, when you live above the law, nothing turns you on anymore. So everything starts to get more and more taboo. And then when you're within this culture of these people that are wanting to have power over you, right? So the whole thing about the Puff Daddy thing was filming people. And having actual footage of you doing depraved acts or things that you would not want the public to see, and then you are easily controlled.

[00:22:54] You are a puppet. So if you have someone that's a politician that might have been more [00:23:00] radical than the others, but then they get involved in these like activities and then you're like, oh, I have some footage of you. Then what are they gonna do? They're not gonna do anything. So I think the sex trafficking is part about like controlling the politicians and their reputations.

[00:23:15] And then it's also just about the psychological construct of what happens when you live in this way, in this power structure, and what are you gonna do? You're gonna exploit people, right?

[00:23:27] **Bob Gatty:** I understand that Musk thinks you guys are stupid.

[00:23:30] **Toni Nagy:** Oh yeah. He thinks, yeah, he literally said we were dumb. I know he tweeted it.

[00:23:34] **Bob Gatty:** I read that. I read that.

[00:23:35] **Toni Nagy:** Yeah. Yeah. It's a great accomplishment.

[00:23:37] **Bob Gatty:** When did that happen?

[00:23:39] **Toni Nagy:** We got interviewed by this kind of conservative young kid outside of Harvard during the encampments that were happening, Uhhuh,

when the young kids were protesting genocide and wanting their universities to divest.

[00:23:52] And. We were talking about immigration and borders and how the land is built on genocide and [00:24:00] Turtle Island, all the things that we've been talking about. And this kid, showed some of our interview and Elon Musk tweeted, they seem dumb.

[00:24:10] **Bob Gatty:** Well, sounds like you make a great T-shirt, right?

[00:24:13] **Toni Nagy:** Absolutely. Elon Musk thinks I'm dumb.

[00:24:16] **Bob Gatty:** Did you do it? I.

[00:24:18] **Toni Nagy:** No it's it will be on the website within the next two weeks now that we have the idea.

[00:24:23] **Bob Gatty:** That's good. 'cause I love the idea. All right. Let's see here. I wanted to ask you, oh yeah. What do you think about must forming a new political party?

[00:24:31] I his investors don't like that idea. I can see that.

[00:24:35] **Toni Nagy:** Sarah, you wanna talk about a new political party?

[00:24:40] **Sarah Buckner:** I understand when people are like a third party, RFK, Elon Musk, let's bring in another white man. I understand what they're going for, but I think they're still fundamentally missing the point that we need a lot more voices and a lot less of a dictatorship emphasis on [00:25:00] the dick.

[00:25:00] Yeah. And I also feel as if. Trump and Elon are in a frat boy war where like Trump is the president of the frat house and Elon Musk is like the vice president. And I think it's really humiliating for them in retrospect. Maybe they'll feel this, maybe they won't feel this until they're in the astral realm looking back on their lives.

[00:25:20] But it's so embarrassing for them that they're having this public fight. And I find it even more embarrassing that people would think joining Elon Musk's party is. Bringing them closer to liberation than Trump. And it just points to the confusion around what freedom actually is. And I don't feel like these people who think Trump and Elon Musk stand for freedom of speech

because of the way that Trump talks or the fact that Elon has X or whatever it is are missing what freedom of speech actually means.

[00:25:52] And. I don't see the point. I think it's like another thing for us to watch and laugh at. I don't think it's gonna change anything. There's no way he's gonna win. [00:26:00] Elon Musk is only liked because he was associated with Trump. It's like the kid who's not cool, who then gets cool points by befriending, like the cool bully.

[00:26:08] But then once the cool bully ditches him, he's a nobody

[00:26:11] **Bob Gatty:** yeah, except that he bought the presidency for Trump, right?

[00:26:15] **Sarah Buckner:** Yeah, he did. That's true.

[00:26:17] **Bob Gatty:** Yeah,

[00:26:17] **Sarah Buckner:** that's true. And unfortunate.

[00:26:18] **Bob Gatty:** That's just disgusting. Absolutely disgusting . it's just crazy the way that that Musk is carrying on and he wants to do this new political party and all that will do is give the Republicans the victory. That's all that'll do.

[00:26:37] **Sarah Buckner:** A different kind of conservative platform that's perhaps even more violent and dark somehow, because I think Trump is hesitant to separate himself from Christian and conservative classic ideology.

[00:26:53] **Bob Gatty:** Yeah.

[00:26:53] **Sarah Buckner:** Elon Musk is giving Prince of Darkness.

[00:26:56] It doesn't scare me. I just have my finger on it. And I [00:27:00] think it's not ironic that he would retweet two witches who are very powerful and call us dumb because we are exactly what he's scared of and there's so many of us and we are unstoppable and look at us finding each other and having this intergenerational conversation that I would say is fairly feminist. One thing I also do wanna say that I feel like intuitively as a witch, your listeners will maybe find something to chew on around, is this idea of Epstein and conspiracies and the way that I feel like there was an agenda around the term conspiracy. Toni can speak more to this 'cause it's really her area of expertise.

[00:27:38] But where believing in conspiracy theories or questioning the status quo started to become something that then liberals or leftists would point to you and say, and I literally just watched this happen to Toni last week. Be like that sounds like a little Trumpy. That sounds a little conservative.

[00:27:55] Don't question in that way. If you think the Epstein list is real, if you're really [00:28:00] on it around sex trafficking, if there's other, mainstream liberal narratives that you're questioning, you're automatically put in this camp of oh, that sounds Trumpy to probe in that way.

[00:28:10] And so I think it's really important, especially for people who lean to the left to get engaged around conspiracy theories and do some research and see what you actually think.

[00:28:23] **Bob Gatty:** Okay. All so tell me about fighting for peace is like boinking for virginity. Tell me about that.

[00:28:30] **Toni Nagy:** I, what I was, there is a famous quote that's like fighting for peace is like fucking for virginity and how we are at this crossroads of when you want to be peaceful and you want to change the system, but the system itself is inherently violent and based on violence. And so how do you get heard within that context? Into what vibration is the revolution like is the revolution one of violence? Is the revolution one of love? Is it [00:29:00] spiritual?

[00:29:00] Is it physical? Is it metaphysical, and I think this is what a lot of us are questioning at this juncture is what are we supposed to be doing? And the thing that I am trying to talk about a lot and get people to examine within themselves is how their vibration is contributing to a consciousness of violence, even if they are against the violence.

[00:29:27] So for example, like we are experiencing a genocide right now. We are witnessing a genocide right now. And I know a lot of people have complex feelings about it. However, what is the solution? What does one do? Oh I wanna listen to music and just unwind for a second. Guess what? Spotify is supporting genocide, so you can't even listen to music and enjoy it.

[00:29:50] We are because of how. We're such a commodified culture, there's almost nowhere to turn where you are not supporting the war machine. If you live in the United [00:30:00] States of America and you are participating in the economic structure, you are actively supporting a war machine. So what do we do with that information and how do we look at like the genocidal

consciousness within ourselves, how we treat ourselves, and how we treat others?

[00:30:15] Because if you cannot look at it within yourself and within your relationships. You're not gonna be able to even examine it in the outside world in a genuine way. So I think that's a lot of what I'm discussing is what do we do? How do we be in a place of action when it comes to the genuine revolution of what I think has to happen within culture and society.

[00:30:37] I don't think it's about, oh, we'll just get the right person in office within the system and then everything's gonna fall back into place. I think what Trump has definitely showed us is the system is fundamentally flawed and is actually designed to be flawed as is capitalism.

[00:30:55] **Bob Gatty:** Alright. Let's talk about what you guys are doing in your upcoming show.

[00:30:59] Tell me [00:31:00] about all of that.

[00:31:01] **Toni Nagy:** Okay, Sarah, go ahead.

[00:31:03] **Sarah Buckner:** So we have a podcast called Gnarly Girls which we have fun pontificating on a lot of conspiracy, a lot of feminism, a lot of also like sexy little episodes. We did do an entire episode about orgasms because it's important that we talk about the body.

[00:31:20] So we have our fun podcast, we have a Patreon and then we have our show Grape Culture, which as you said, we had a sold out off Broadway run back in the spring. That was very exciting. We have the upcoming Cannonball Fringe Festival in September. We also have a show at the Rockwell in Boston in September.

[00:31:39] And then we are headed to the west Coast. We're going to Seattle, we're going to Portland. Fingers crossed. Those shows will be coming up in the fall. And then in terms of personal solo work, I am a Berlin or is

[00:31:52] **Toni Nagy:** grape culture. I think you need to say what it is.

[00:31:55] **Sarah Buckner:** Oh, you say what it is. You take it.

[00:31:57] **Toni Nagy:** Okay. So I think when we talk [00:32:00] about grape culture, we can't even say the word rape on social media, which is why. I was

like, let's call it grape culture. I think a lot of people think of it as just oh one individual happens to be graped and that's sad. Rather than, this is actually really baked into every single system, including capitalism, including how we treat nature, including the medical industrial complex, the prison industrial complex, the military industrial complex, how we use bodies, how we commodify bodies, how we treat women, how we treat children. It has infiltrated our psyches to the deepest level.

[00:32:37] I truly do not know one woman. I've never met a woman who hasn't been sexually assaulted in some way, never. And I have never met someone who engages in nature and engages in capitalism and engages in the systems of politics and isn't being graped in their own way. It's psychologically, especially if you have a job, [00:33:00] you are, I have never seen a marriage that grape culture isn't infiltrating because who is paying for what?

[00:33:06] How is that working? How is sex in a relationship where someone is completely financially dependent on another? So we look at all of these different nuanced conversations around the culture of domination without consent, and what is consent within a system that is based on exploitation. But we wanted it to be funny.

[00:33:27] So it's a comedy, it's every scene, the driving force is comedy. But we wanted to look at the meta picture and the bigger conversation around grape culture and how it actually is impacting every man, woman, child, grandparent, person on the planet. Because it is our culture. It's not just a part of our culture.

[00:33:51] **Sarah Buckner:** And something that I'll just add about the show is that it's incredibly storytelling based and diaristic. And when Tony asked me about doing the [00:34:00] show, it was because I told her that I had this footage that I made of myself when I was in grad school at Duke, and this was just as Trump was being announced as like the official Republican nominee.

[00:34:11] And I went to school at Duke to make work about gentrification in my hometown. And then I realized like I need to actually make work about my own trauma and the trauma of women and their bodies first before I can even like approach this topic. Because it was just so topical. The Stanford swimmer was coming out, Brock Turner and we were starting to talk about rape culture for the first time.

[00:34:34] It felt like for me at least as a person in their early twenties at the time. And I had these film clips of myself where I filmed myself every day for a year, basically processing the amount of times I had been raped and sexually

assaulted also by like professors and people that the school had hired to come visiting artists to come see my work and I was a part of a long chain of women who this abuse happened to.

[00:34:59] And so I [00:35:00] had these film clips in real time processing this. And then I worked for one of the most famous documentary photographers in the world as his studio manager and he sexually assaulted me and I filmed myself quitting my job in real time. Like a big girl job with a nice salary in New York City, right outta grad school.

[00:35:18] School and I became a professional artist from that place. So Tony was like we need to use this footage and let's write a show. And her approach as also a comedian and performance artist is men have made comedy out of tragedy for centuries and for so long the theater was actually used as a way to get information to the people.

[00:35:40] So grape culture is our mic stand to talk about the culture of domination without consent and how pervasive it is through these like really fun Carol Burnett, SNL wishes they could type skits. Where we are just playing frat boys, businessmen, our rapists, ourselves, [00:36:00] Tony plays Lorena Bobbit.

[00:36:01] Like we really go all over the place. It's smart. It's funny. It'll make you cry. It's a good time.

[00:36:07] **Bob Gatty:** Absolutely. That's great. All right, so where can people find out more about what you guys are up to?

[00:36:13] **Toni Nagy:** I have a website, tony na.com, T-O-N-I-N-H-E y.com, and you will find everything you need to find out about me on that website.

[00:36:21] **Bob Gatty:** Okay, great. Okay. Anything you'd like to add guys?

[00:36:25] **Sarah Buckner:** I'll just say that Tony is an incredible standup comedian, and her standup comedy is not to be missed as its own thing. You can also find out about the show@grapeculturehealing.com, and then you can find me at sarafina supernova on Instagram if you're looking for some burlesque meets comedy.

[00:36:45] **Bob Gatty:** And you're saying grape, G-R-A-P-E, correct?

[00:36:49] **Sarah Buckner:** Yeah. Yes, grape. Grape culture healing.com and also Gnarly Girls podcast on Spotify and Apple Podcast and all of our links are also in the show notes.

[00:36:59] **Bob Gatty:** Alright, [00:37:00] that's great guys. Thanks so much for being with us on the Lead The Let Podcast. I really enjoyed talking to you and I really love your point of view.

[00:37:09] I think it's great.

[00:37:10] **Sarah Buckner:** Yay. Thanks for having us. Thank you so much.